



Torquay & The South Devon Coast A stunning WalkWise Walking Holiday



Date: Friday 3rd May - Monday 6th May 2024
Place: The Headlands Hotel and Spa TQ12EF
Price: £349.00 per person in an ensuite shared twin or double room (3 nights)
£399.00 per person in an ensuite single room (3 nights)
Included: 3 nights' accommodation, 3 breakfasts, 3 picnic lunches, 3 evening meals and 3 days of guided walks with a choice of walk each day
Extra: any local transport that may be used, buses and coaches, ferries to the islands

[To Book Your place on the Torquay and South Devon Weekend Please Click here](#)

Overview: The stunningly rugged and beautiful South Devon coastline is some of England's finest and this alone is more than enough reason to visit. Hidden along the coast are secluded sandy bays, rocky headlands, quaint fishing hamlets and rugged cliffs all lapped by the inviting Mediterranean blue waters. We will visit picturesque villages, enjoy the hospitality of the inviting cafes and country inns. Add to this the lovely and recently refurbished Headlands Hotel and Spa with its irresistible setting and relaxing spa and we are in for a superb weekend away... Oh and its just at the end of the M5 and has good rail links so its easy to get there too!

The WalkWise Walking Programme: With over 130 miles of coastline, most of which either faces the sun or is sheltered from prevailing winds by the great shoulder of Dartmoor, South Devon has one of the finest coasts in England. Scattered along the coast are towering cliffs, broad sandy bays, craggy coves, rock stacks, sea arches, deep wooded estuaries, quaint villages, delightful resorts, all of which combine to make some of the most varied and beautiful coastal scenery in Britain. When you combine this with the benign climate of the English Riviera, and you have some superb walking.

With such a wealth of coastal walking to choose from, our only real difficulty is choosing exactly which sections to explore. Utilising the hotel's location, we can hop directly onto the coastal path and wander down to the harbor. From here there are regular ferry services across the bay to Paignton, Brixham and even around to Dartmouth, and what better way to start the day than by sailing across the Bay. We can then have a look around Brixham before wandering around the coastal path to Paignton and Torquay, and if you've had enough you can hop on the ferry, or a bus, or even the steam train!

Another nice day is to wander out of the hotel towards Babbacombe and its beautiful, secluded bays. There are 3 hidden bays along this section of coast each with their own café or country Inn and one even has a cliff railway so we can avoid the climb up the cliff. At Maidencombe there is a fantastic, thatched pub with a lovely shady beer garden, and again if you've had enough, you can curtail the walk here and catch a bus back. But its nice to carry on along the coast through the RSPB Labrador Bay reserve (cirl buntings) and its possible to walk onto Shaldon.

A little further along the coast is the simply divine coastal walk between the picture postcard harbours of Dartmouth, Kingswear and Brixham. Here lie the superb promontories of Berry Head and Sharkham Point which provide super views panoramic views along the coast. The walking is varied and interesting with the path climbing over the cliffs above hidden sandy bays, and through the wooded embankments revealing surprises around every corner.

Another of my real favourite walks begins at Slapton Ley. This section of coastline is not quite so rugged, but its definitely equal in beauty with delightful, secluded bays, Mediterraneanesque blue waters and silver sand beaches. The stunning views encourage us onwards to the perfect finish, a ferry ride into Salcombe and its famous ice creams! There is also a delightful stretch of walking just east of Torquay which wanders along the gentle cliffs tops and then left down the Teign estuary, although this is only possible with the right tides ;-)

Ah so much to choose from!

WalkWise UK will provide a professional and knowledgeable walking guide for the weekend. The days walks are planned to be full day walks of around 12 miles, and as usual we will have the option to curtail the walk at regular intervals creating a flexible program that can be altered to suit your needs. As usual we have more choices than we can fit into the 3-day weekend break and the final choice of walks will be weather dependent.

Nb Own transport may be taken to the start of the walks.

All walks are weather dependent and own transport or coaches may be taken to the walk starts.



Accommodation:

The Headlands Hotel and Spa was originally the private home of the Russian Romanoff family and hosted many a royal party. Today the hotel has been sympathetically and tastefully modernised to make the most of this enviable location with the newly built Gallery Lounge and sea view terrace overlooking 2 acres of beautiful gardens that extend away towards Meadfoot Beach. Delicious breakfasts and evening meals are served in the beautiful, Romanoff Restaurant which offers a Table d'Hôte menu to provide you with a delightful culinary experience. The sea views from the restaurant are second to none and only add to your complete dining experience. Then there is the Gallery Lounge which is the perfect place to come during the day whether you are in the mood for a delicious lunch for two, a traditional afternoon tea party with the girls, a quiet cup of tea or sneaky cocktail. If the sun is shining, why not sit out on the sea view terrace and let the picturesque settings take you out of this world.

All Bedrooms are fully modernised and well appointed with en-suite facilities and either a bath or shower. Each bedroom is tastefully decorated and equipped with a colour television, hair dryer, tea/coffee making facilities and central heating. Many of the bedrooms have estuary views over the valley or gardens. The hotel also has a fabulous terrace, whose magnificent views entice you to sit in the sunshine, order a drink or two from the bar, and just sit back and enjoy life!

The Hotel also has a number of leisure facilities including mini golf, a sauna, mini gym and varied nightly entertainment. There is also a hydro beauty room offer a range of treatments such as Decleor Paris facials and relaxing Swedish or aromatherapy massage. Why not take the weather blues away with a St Tropez tanning session, prepare for a special occasion or holiday with a waxing treatment, give your eyes a treat with an eyelash or eyebrow tinting or shaping session or give your fingers and toes some love with an O.P.I or Shellac manicure or pedicure.

To book your treatment today, please call our friendly reception team on 01803 295666 or email info@headlandtorquay.com

Around the Hotel: The hotel lies just on the outskirts of Newton Abbott which is the gateway to Dartmoor. Paignton and the English Riviera are just down the road, and it is a lovely seaside resort with beautiful sandy bays and a delightful harbour, around which the town is set. Being a sizable town, it has all the attractions you would expect with a great theatre and leisure facilities. There are also a few good links golf courses, beaches, water sports, boat trips, wildlife, fishing not to mention some excellent walking! Please ask our guides on the weekend for any further information.

- If you would like a map for the event, the maps you will need for this weekend are
OL 20 South Devon
Explorer map 110 Torquay and Dawlish

This event is organized and supplied by WalkWise UK Ltd, whose terms and conditions apply, obtainable at <http://www.walkwise.co.uk/general-terms-and-conditions.html>