



Walking Week 2019 Coniston Water South Lakes



Date: Saturday 1 to Saturday 8 June 2019 (7 nights)
Place: Monk Coniston, Coniston Water, LA21 8AQ
Cost: £625.00 en suite per person in a single room
£525.00 en suite per person in a shared twin / double room
Included: 7 nights' accommodation, 7 breakfasts, 7 picnic lunches, 7 evening meals & 5 days of guided walks and one free day to explore the area
Extras: local transport (if used)
Places: 20 (en-suite 8 single rooms, 3 twin rooms and 3 double rooms)



Overview: We are seriously looking forward to visiting the National Trust country house property named Monk Coniston. It commands spectacular views down to Coniston Water and its idyllic location allows us get the very best out of this belting walking area. With excellent walking days planned we aim to explore some of the higher and lower fells, valleys and lakes, villages and hamlets in order to experience everything that Lakeland has to offer. From the fine high fells with open moorland and panoramic views, to the low-level field systems laden with dry-stone walls and quaint Lakeland farm; from the fast-flowing rivers replete with tumbling ghylls; from hidden away gems like Tarn Hows to the great body of Coniston Water and all this without even mentioning the fine white-washed cottages and the warm, friendly country pubs with real fires and real ales!

The WalkWise Walking Programme: The beauty of this area is that we have stunning walking immediately from our doorstep, in fact some days we will be able to walk out directly from the front door which will allow us to walk everything the Coniston area has to offer. There are some classic harder walk such as the greats of Little & Great Carrs, Swirl How, Black Sails and Weatherlam via the serene Little Langdale and impressive defile that makes Tilbertwaite Ghyll, or Coniston Old Man from an interesting route and undertaking Brown Pike, Buck Pike and Dow Crag too! There are some amazingly beautiful lower fells like the impressive summits of Black Fell and Holme Fell which offer some of the finest value for effort views of any hills anywhere. Then interspersed between the fells are the delights of Tarns Hows, Tom Heights, Skelwith Force and Colwith Force (waterfalls) and oh so much more. Further afield is the adjacent valley of great Langdale which is criss-crossed with a fine network of footpaths. The valley is also surrounded by many classic Lakeland fells such as Crinkle Crag, Bow Fell and the Langdale Pikes themselves, and there are two of the finest Lakeland pubs, the ODG and the NDG.



At the foot of Langdale lies the market town of Ambleside and the Windermere. This opens up another wealth of walking areas with Grasmere and Rydal Water sitting in the foot of the valley, these are framed by the mid level fells of Loughrigg, Silver Howe and Hlem Craggs, which in turn are skylined by the greats of Helvellyn and Fairfield high above

WalkWise UK will provide a guided walk on 5 days during the week. The walks may be up to 12 miles but there is some flexibility and it is possible to curtail some of the walks at particular places. All walks are weather dependent and own transport may be taken to the walk starts. All walks are weather dependent and own transport may be taken to the walk starts. You will be supplied with a 'what you must bring' list - it is your responsibility to ensure you have these items.



Accommodation: This period Country House caters exclusively for walkers from all around the world. It creates an atmosphere which is all a far cry from the anonymity of a conventional hotel. It prides itself on friendly service of the highest standard. Fresh ingredients are carefully chosen to provide an excellent local and international cuisine and vegetarian options, for which they are renowned, are available at all times. In the public rooms an elegant drawing room awaits, with original marble fireplace, large mirrors, carved wood panels and ceiling, with access to the Garden Room and spectacular views over Coniston Water. A bar with French windows leads out on to a sun terrace and a 17th Century barn. There are a mixture of en-suite and non en-suite bedrooms and you'll find complimentary tea and coffee making facilities, hair dryer and clock radio in each one. Televisions and telephones are not provided in the bedrooms. The other facilities include boot room, drying room, laundry facilities, mini-shop, croquet, putting, volleyball, short tennis and badminton.

Maps: The map(s) for this event are: 1:25 000
OL7- South East Lakes & OL6 South West Lakes

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